

HERFEM

For the use of a Registered Medical Practitioner or a Hospital or a Laboratory only

Abbreviated Prescribing information for Herfem (Ferrous Ascorbate, Folic Acid & Zinc Tablets) [Please refer the complete prescribing information for details]

PHARMACOLOGICAL PROPERTIES: Ferrous Ascorbate, Folic Acid & Zinc induces Hematopoiesis

INDICATION: For the treatment of iron deficiency anaemia

DOSAGE AND ADMINISTRATION: 100 to 200 mg of iron daily in iron deficiency anaemia in divided dose and 60 to 120mg of iron for prophylactic dose in adult. Children's doses are up to 2 mg/kg of iron three times daily for treatment and 1 to 2 mg/kg daily for prophylaxis of iron-deficiency anaemia.
50 mg of elemental zinc three times daily and maximum of five times daily.
5 mg of folic acid daily for 4 months; up to 15 mg daily may be necessary for megaloblastic anaemia,

CONTRAINDICATION: Contraindicated in untreated cobalamin deficiency or Addisonian pernicious anaemia, malignant disease unless megaloblastic anaemia and hypersensitivity.

WARNINGS & PRECAUTIONS: Herfem should not given in following conditions
Receiving repeated blood transfusions, patients with anaemias not produced by iron deficiency, Already parenteral iron therapy continues, haemochromatosis, haemoglobinopathies, inflammatory bowel disease, intestinal strictures and diverticulae, Non-deficient subjects, glucose - galactose malabsorption, galactose intolerance, folate dependent tumours and Folic acid should never be given alone or with inadequate amounts of vitamin B12 for the treatment of undiagnosed megaloblastic anaemia.

DRUG INTERACTIONS: Compounds containing calcium and magnesium, including antacids and mineral supplements, and bicarbonates, carbonates, oxalates, or phosphates, tetracyclines, trientine, acetohydroxamic acid, chloramphenicol, levothyroxine, cefdinir, bisphosphonates, entacapone, fluoroquinolones, levodopa, methyldopa, mycophenolate mofetil, zinc salts, may impair absorption. Zinc and folic acid levels are affected by penicillamine, phosphorus-containing preparations, copper, fluoroquinolones, Antiepileptics, sulfasalazine, co-trimoxazole and tetracyclines .

ADVERSE REACTIONS: Gastrointestinal irritation and abdominal pain and distension with nausea and vomiting, diarrhoea or constipation and black colored stool, dyspepsia,

sideroblastic anaemia, leucopenia and neutropenia, Anorexia, flatulence, Allergic reactions, comprising erythema, rash, pruritus, urticaria, dyspnoea, and anaphylactic reactions (including shock).